

ONLINE REGISTRATION BEGINS AT 9 A.M.

**AUGUST 9** 

IN-PERSON & MAIL-IN REGISTRATION BEGINS AUGUST 16

PROGRAMS START SEPTEMBER 7



## Village Board

Back Row: Trustees Ron Wells, Scott Adkins, Lee Uecker and Ben Jarvis. Front Row: Trustee Greg Zoellick, Village President Anthony LeDonne, and Trustee Stacy Riedel

#### **Village Administration**

_	
Jeremy Smith, Village Administrator	246-5200
Kelsey McElroy-Anderson, Asst. Administrator	246-5231
Sam Liebert, Administrative Services Director .	246-5211
Judith Neu, Public Works Director/Engineer	246-5229
Halie Dobbeck, Parks & Recreation Director	246-5200
Adele Loria, Pauline Haass Library Director	246-5180
Kristopher Grod, Fire Chief	246-5235
Captain Lisa Panas, Waukesha County Sheriff's	
Office-Sussex	246-5237
Building Inspector	246-5218

**Sussex Civic Center** N64W23760 Main Street Sussex, WI 53089 info@villagesussex.org

(262) 246-5200 villagesussex.org

OFFICE HOURS Monday-Friday 8 a.m. to 5 p.m.

#### **VILLAGE OFFICES WILL BE CLOSED**

Monday, September 6

**November 25 & 26** 

**December 23 & 24** 

**December 30 & 31** 

#### **Inside This Issue**

Courier Newsletter3
Special Events8
Pauline Haass Public Library12
Preschool & Youth Programs14
Adult Programs19
Older Adult Programs24
Facilities & Rentals27
Registration Form29
Policies31

#### **REGISTER EARLY**

The decision to hold classes is determined at least one week prior to the start of the program. Therefore, the Recreation Department needs an early indication of how many people will be enrolled in a particular program. If classes do not meet the minimum registration requirements, they may be cancelled or combined.

## **FOUR WAYS TO REGISTER FOR PROGRAMS**

#### ONLINE @ VILLAGESUSSEX.ORG

Click the "Recreation Programs" button. After setting up your account, you're ready to enroll in our programs. Processing fees apply, which are non-refundable.

#### BY MAIL

Mail in your completed registration form (Page 29) along with check payment.

#### IN PERSON

Bring your completed registration form to the Sussex Civic Center between 8 a.m. and 5 p.m. M—F. We accept Visa, MasterCard, Discover and American Express.

#### 24-HOUR DROP BOX

Drop your completed registration form and payment (in a sealed envelope) into the drop box inside the north entrance vestibule at the Sussex Civic Center.

# FIND OUT WHAT'S GOING ON IN SUSSEX! SIGN UP TO RECEIVE OUR EBLASTS AT

VILLAGESUSSEX.ORG/EBLASTS

AND FOLLOW US ON SOCIAL MEDIA











# From the Desk of the Village President

It's been a wonderful summer in the Village of Sussex. We saw a return of our special events and continued high use at our beautiful parks.

This summer we started a new program called **Community Chats.** The Village Board and Village staff met with residents at three parks throughout the summer. We spent time answering questions and listening to your vision for our community. Thank you to everyone who took the time to attend these events. Your input is invaluable. In the months ahead we will continue to plan events and opportunities for you to provide input on projects and issues important in our community. Our goal is to be transparent and provide you opportunities to be proactive.

This summer we also started a strategic planning process. The Village Board identified the following goals for the next five years:

- Economic Growth;
- Infrastructure and Facilities;
- Quality of Life;
- Citizen Engagement and
- Financially Sound

We are working to implement these goals and continue the Village's progress forward. I hope to see you at a Village Board meeting or community event soon.

Anthony Le Donne President Village of Sussex

# Mark your CALENDAR

Touch a Truck (see Page 10)September 11
Pints in the Park (see Page 9)September 16
Brush Collection StartsSeptember 20
Tire Drop Off (see Page 5) October 2
Electronics Recycling Dropoff (see Page 5) October 16
Hydrant Flushing (see Page 5) October 11-15 & October 18-22
Spooky Sussex (see page 10) October 22
Leaf Collection Starts (see Page 5) October 25
Trick or Treat (see Page 9) October 30
Tree Lighting (see Page 11) December 3
Sledding PartyJanuary 15



The Village's winter parking restrictions are in effect from **November 1 through March 31**. During this time, on-street parking is not allowed between the hours of 2 a.m. and 6 a.m.



If you or a guest would like to park on the road for longer than 30 minutes between the hours of 2 and 6 a.m. during the winter, you must call

(262) 246-5237 to request permission. You will need to give your name, car make and model, license plate, phone number, and the address where your car is

parked. Failure to request permission could result in a citation.

Residents are permitted three parking exceptions per month.



#### **Snow Removal**

Some season will be here before we know it!
Village staff removes snow on all Village roads and
County staff removes snow from state- and county-owned roads. Our goal is to allow you to travel as safely as possible during winter weather conditions.

Village plow drivers make every attempt to avoid damaging mailboxes, but it does happen, particularly to older mailboxes. Most damage is actually caused by snow coming off the plow blade rather than physical contact with the plow. The Village has an adopted policy that states the Village will replace a mailbox up to \$75 in value if it is physically struck by a plow; however, we do not replace for damage caused by snow coming off the plow blade.

Lawn damage, particularly during fall and spring events when the ground is not completely frozen, is another unfortunate reality of winter. The Village repairs yard damage caused by Village equipment in the spring. The Village does not repair damage due to salt, heavy snow loads, or from other drivers leaving the roadway.

Plow drivers will plow to the curb to the best of their ability. Homeowners should shovel the snow from in front of their mailboxes throughout the winter season.



Village staff also assists with snow removal from sidewalks *along major streets* within 24 hours of the end of a snow storm. Salt is only applied to the sidewalks along Main Street in the downtown area. Adjacent property owners are welcome to do additional snow removal along sidewalks plowed by the Village. Snow removal from sidewalks along neighborhood streets is the responsibility of the adjacent property owner.

If your mailbox or yard is damaged this winter, call the Civic Center at (262) 246-5200 or email us at <a href="mailto:info@villagesussex.org">info@villagesussex.org</a>



#### Railroad Quiet Zones

There has been a lot of excitement over the prospect of establishing a quiet zone for the railroad crossing at Maple Avenue. When the Village rebuilt Maple Avenue in 2020, we took the first step of installing medians both north and south of the tracks to set the road up for a future quiet zone. The added cost was minimal while the road was being reconstructed compared to what it would cost to do the work in the future; however, it will take several years before the quiet zone can be established.

Federal Law requires the sounding of locomotive horns at public highway-rail grade crossings, and for good reason. Train horns are a very effective means of preventing train-vehicle collisions; however, when establishing the law, Congress also recognized that train horns are disruptive and the law provides a process for communities to obtain relief from routine sounding of train horns by providing criteria and a process for the establishment of quiet zones.

The process is, by necessity, extensive. The law requires that additional safety measures be added to the intersection on both the rail side and the street side. Medians along the road are one of those measures that are street focused, but there are also rail focused safety measures that must be implemented by the railroad. While the Maple Avenue crossing has warning lights and gates, it also needs a constant warning time system which measures train speed, direction and distance from the crossing, estimates train arrival time and activates warning lights and gates. These systems are expensive to install and are required in order to establish a quiet zone.

Village staff continues to work towards the establishment of a quiet zone for the east/west Union Pacific rail corridor, but the process is long and will likely take several years before it is in place.

#### **Large Item Collection**

Large or bulk item collection is offered through Johns Disposal. Each single- and two-family household may receive one collection per month at no charge. Residents must call Johns Disposal to schedule a large item pickup in advance. Note: Any items left at the curb without a scheduled collection date will not be collected.

Each collection may include up to 10 items. Accepted items include:

- Furniture, appliances, mattresses, chairs
- Rolled carpet (4 foot lengths tied and bundled)
- Push lawn mowers
- Extra cans or bags of garbage
- Antifreeze or drain oil in one (1) gallon containers with a secure lid and labelled "Antifreeze" or "Drain Oil" as the case may be
- Automotive batteries

Place the items at least 4 feet from the cart.

# Call Johns Disposal to schedule a bulk item collection (262) 473-4700

Electronics are banned from incinerators and landfills in Wisconsin and are therefore not included in bulk collection and must be properly recycled.

The Village hosts electronics recycling drop-off events at least annually. Our next electronics recycling dropoff collection is scheduled for **October 16 from 10 am. to 12 p.m.** 

In addition, several collections are held in the County annually. Please see the Village's website for additional information.

#### **Garbage & Recycling**

Garbage and recycling are collected WEEKLY
HOMES NORTH OF GOOD HOPE ROAD: Collected on Mondays
HOMES SOUTH OF GOOD HOPE ROAD: Collected on Thursdays

#### **Upcoming Trash & Recycling Holidays**

All collections will be delayed by one day

Labor Day: Monday, September 6
Thanksgiving Day: Thursday, November 25

All other holidays in 2021, including Christmas, will follow the regular schedule with no delayed pickup.

#### **Sussex Yard Waste Collection Site**

N72W22924 Good Hope Road

To use the Yard Waste Site, you need either an annual pass (\$30) or a punch card (\$10/5 punches per card).

#### **2021 YARD WASTE SITE SCHEDULE**

Saturdays, April 10-November 18 (9 a.m.-4 p.m.)

Mondays, May 3-August 30 (4-7 p.m.)

Mondays, September 13-October 21 (3-6 p.m.)

LABOR DAY WEEKEND: OPEN SATURDAY. CLOSED MONDAY

Annual passes are available online or at the Civic Center.
Punch cards may be purchased at the Civic Center or
Pauline Haass Public Library.

Acceptable items to drop off at the Yard Waste Site include: Lawn clippings, sod and dirt, leaves, twigs, branches, and brush.

# mark your Calendar

#### **Curbside Brush Collection**

Starts 7 a.m. Monday, September 20 Crews make one pass through the Village. Please have all items to the curb by 7 a.m.

### Tire Drop-off Collection

Saturday, October 2, 8:30 to 11 a.m.
Yard Waste Collection Site
\$2/tire, must be removed from rim.

## **Curbside Leaf Collection**

Starts October 25 and continues until leaves are off the trees.



#### Hydrant flushing

takes place twice per year, usually in April and October. Flushing is scheduled for October 11-15 and 18-22, 2021.

Flushing removes

natural minerals that have settled in the pipes to maintain water clarity and quality in the distribution pipes. It also allows staff to verify the proper operation of hydrants and valves to maintain firefighting capabilities.

Flushing may lead to temporary discoloration of your water. If this happens, open the cold water tap nearest your water meter—usually the basement sink or an outside hose bib—until the water runs clear. This usually takes about 10–15 minutes.



#### SAVE A LIFE

Incontrolled bleeding can happen anywhere and be caused by many things, such as motor vehicle collisions, mechanical equipment malfunction, and even bicycle and playground injuries.

A person who is bleeding can die from blood loss within five minutes, thus, it is critically important to quickly stop blood loss. Those nearest to someone with a bleeding injury can make a life-saving difference if they are adequately trained to provide first care.

**Stop the Bleed** is a national awareness campaign and call-to-action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

Stop the Bleed classes are ideal for:

- Parents and family members
- Coaches
- Babysitters
- Scout troops
- Business and office workers
- Anyone who would like to be prepared to save a life

This course offers training in basic bleeding control techniques such as direct pressure, wound packing, and tourniquet application, and will consist of a lecture, PowerPoint presentation, and hands-on training.

For more information or to register for a class, contact Firefighter/Paramedic Ashton Bonville at (262) 246-5197 or <a href="mailto:abonville@villagesussex.org">abonville@villagesussex.org</a>.



Fraudsters can steal your credit card account number, PIN and security code to make unauthorized transactions, without needing your physical credit card.

#### Make sure to:

- Double check your credit card statement and monitor your accounts regularly.
- Sign up for **fraud alerts** with your card issuer.
- Cross check receipts with order confirmation when using online ordering/pickup services at grocery, restaurants, and big box stores.
- Make sure to have strong passwords and change them regularly
- Immediately contact your credit card company if you suspect any unusual activity.
- Check your credit report for any new accounts you don't recognize or unfamiliar inquiries.
- When shopping online, only buy from reputable companies and/or ones whose security measures you can verify. For example, look for a web address that begins with https—the "s" indicates the site is secure.

Fire Prevention Week OCTOBER 3-9

#### Start a Business in Sussex

Are you planning to open a new business in Sussex? If so, the Planning and Development Department would be happy to talk to you about the process.

The Village of Sussex has a variety of financial resources available that can assist with the expansion of existing businesses or the start-up of new businesses. Many of these resources are available directly from the Village or cooperating agencies in the Milwaukee metropolitan area. Other resources are available through the State and Federal government.

Regardless of the source of assistance, Village staff is available to answer questions and assist businesses in accessing these programs. Call (262) 246-5200 to connect with our staff.





#### Outdoor WiFi

#### Courtesy of the Pauline Haass Public Library Foundation

In June 2021, the library extended its free WiFi to cover the entire parking lot, as well as the courtyard between the library and the Civic Center. Whether you are waiting in your car or hanging out on a sunny bench (say hi to the Library Beastie while you're out there!), you can enjoy a reliable internet connection 24/7. We all know that kind of connection is a modern prerequisite for navigating

school, work, and even our personal lives. Many public library users rely on the library for their internet connection, and we meet that need by offering free WiFi, computers to use, and hotspots to check out. Now we can reach even more users, and do so even when the library building isn't open.

This project was possible thanks to a grant from the Pauline Haass Public Library Foundation. What is that, you might be wondering? Great question! The PHPL Foundation is a citizen advocacy group and registered nonprofit that exists to provide supplemental funding beyond the scope of the library's regular operating budget. Many times over the years, gifts from the Foundation have allowed the library to launch initiatives that become central to our services: computers for the library, membership in the CAFÉ consortium (making items from all our member libraries available to our patrons), circulating WiFi hotspots, and much more. This year the Foundation also provided funding for the outdoor programming equipment you saw at Storytime and other library events. When not actively fundraising, the Foundation manages the performance of its investments and works with the library to identify projects that will further its mission.

You can learn more about the Foundation on the library website. We appreciate their generous support for this project and so many others!



# Can You Read 1,000 Books?

It's a breeze when they are 32-page picture books and your favorite small person in the world is cuddled in your lap. The 1,000 Books Before Kindergarten program is coming to the Pauline Haass Public Library this fall. The idea is simple, but the rewards are priceless: besides being a great way to bond and build memories, reading to children between the ages of 0 and 5 is crucial to instilling the confidence

and skills that let kids succeed at school and in life.

1,000 books sounds like a lot, but just think—that is only one book a night for a little less than three years. You may find you're already reading way more than that at home: reading a favorite book on repeat for umpteen days in a row (it counts!), an older sibling reading to a toddler, books heard at storytime (that's an instant 3-4 books), and of course the bedtime reading routine that is a practice for so

many families. Whether it's one book a day or 10, this program is a great way to get your child on the right track when it comes to reading.

Parents and caregivers can use the Library's Beanstack tracking app to count or even scan in books as they go. Every 100 books along the way is a milestone acknowledged with a digital badge, a sticker picked up at the library, and cheers and celebration from our children's library staff. As the program prepares to launch, the staff is busy devising a variety of incentives to keep the 1,000 Books journey fresh and fun.

Watch the library website for an invitation to register your little one(s) for this new initiative starting September 7. If you have already used Beanstack in the past, log in as usual and see the new challenge go live on this date.



N64W23820 Main Street Sussex, WI 53089 phplonline.org

#### **Fall Library Hours**

Monday-Thursday ........ 9:30 a.m.-8 p.m. Fridays ...... 9:30 a.m.-5 p.m. Saturdays ..... 9:30 a.m.-4 p.m. Sundays ..... 1-4 p.m.

Call the Library at (262) 246-5180







JOIN US FOR CRAFT BEER BY BREWFINITY BREWING AND ONSITE FOOD TRUCKS



THURSDAY,
AUGUST 26
5-8 P.M.
SUSSEX CIVIC
CENTER
STAY FOR OUR OUTDOOR MOVIE
AFTER THIS EVENT



THURSDAY, SEPTEMBER 16 5-8 P.M. VILLAGE PARK



VISIT
VILLAGESUSSEX.ORG/
SPECIALEVENTS
FOR DETAILS ABOUT
EACH EVENT













It's the 10th Spooky Sussex! We will have many of our favorite activities from the past, plus a few new ones! Your \$6 wristband entitles you to participate in all of the activities. Concessions will be available for purchase. Wristbands will be available for pick up at the Civic Center beginning October 18.

# Turkey Hunt

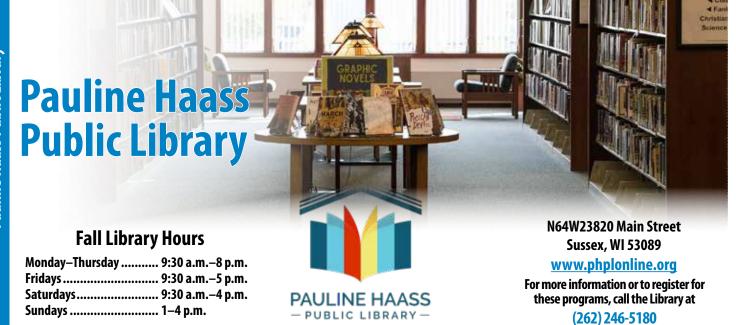
#### **Begins November 9**

Details will be released November 9 at 4 p.m. on our website and









#### FOR ADULTS

#### **Identity Theft: Protect and Prevent**

Thursday, September 2, 6 p.m.

Co-sponsored by Pauline Haass Public Library and the Sussex Parks and Recreation Department

Identity theft continues to be the fastest growing crime in the United States. The more you learn about it, the less vulnerable you are. The Wisconsin Bureau of Consumer Protection will explain the different types of identity theft, how to recognize it and how to prevent it — including information about Fraud Alerts and Security Freezes. Receive tips for safeguarding personal information and how to spot the red flags of a scam.

Registration is appreciated and opens August 16. Please register on the library's website or call us at (262) 246-5181.

#### **Maximize Your Medicare Benefits**

#### Thursday, September 30, 1 p.m.

Co-sponsored by Pauline Haass Public Library and the Sussex Parks and Recreation Department

Learn more about your Medicare options! This presentation will provide an overview of Medicare Parts A, B, C and D as well as supplemental insurance and an explanation of how they all fit together. You'll also learn about Medicare's upcoming annual open enrollment period (October 15-December 7) and how to use the plan comparison tool on Medicare's website. This program is presented by the Waukesha County Medicare Outreach Specialist from the Greater Wisconsin Agency on Aging Resources, Inc.

Registration is appreciated and opens September 1. Please register on the library's website or call us at (262) 246-5181.

#### Don't Turn Off the Lights: **Horror Movie Trivia**

Thursday, October 21, 6:30 p.m.

Join us for a frighteningly fun night of horror movie trivia! Brush up on all your favorites and get ready to spend the night answering questions about all things horror. We will be covering everything from classic horror (think Hitchcock and Universal Monsters), cult favorites from the 70s and 80s to newer horror movies such as The Conjuring and Scream. Grab your team of up to 6 people, think of a fun name, and register for this fun event.

Registration is required, and begins October 1. Please register on the library's website or call us at (262) 246-5181.

#### Victorian Undertaker

#### Thursday, October 28, 6:30 p.m.

Join the Victorian Undertaker, retired funeral director Steve Person, as he leads you on a journey into the macabre. Learn about Victorian rituals of death and superstitions, and view the authentic mortuary and embalming equipment that preceded modern funeral rites and practices.

Registration is appreciated and opens October 4. Please register on the library's website or call us at (262) 246-5181.

#### **Gingerbread House Decorating Contest**

**Entry Deadline: November 30** Entries Displayed in Library: December 1–31

Join us for our first ever all-ages **Gingerbread House Decorating Contest!** We will have different entry categories: Children, Teens, Adults, and Family. Participants can enter as individuals or teams. All entries will be on display in the library for the month of December. Rules & Guidelines will be posted on our website October 1. More details to come!

#### **FOLLOW US ON**







@paulinehaasslibrary

@paulinehpublib

#### STAY IN THE LOOP

**GET OUR EMAIL NEWSLETTER** and get notified about upcoming events for kids, teens, or adults!

Sign up at phplonline.org

# Make the Library!

Join us to get creative and socialize during our Make It! @ the Library series. Materials for each of these free programs are limited and participants may be asked to bring some supplies. Make It! @ the Library is a program for adults. For younger audiences, please see the children and teen event schedule. Registration is required and space is limited; please contact the library to register.

Yarn Wall Hanging

Wednesday, September 22, 6 p.m. Registration begins September 1

**Pumpkin Spice Bath Bombs** 

Wednesday, October 13, 6 p.m. Registration begins October 1

**Holiday Candles** 

Wednesday, November 10, 6 p.m. Registration begins October 25

#### **FOR KIDS & FAMILIES** -

#### **Family Storytime**

Ages 0–4 Tuesdays, Wednesdays, and Thursdays September 7–November 24 10 a.m.

Half-hour traditional storytime designed for ages 0–4. Enjoy stories, fingerplays, songs, movement and more! Join us afterward in the children's department for an early literacy craft based on the storytime theme.

Registration is required; visit the library website at phplonline.org starting September 1 to register.

#### Make-It! Junior

#### Grades 5K–6 September 7–December 19

Creative grab & go craft kits for school-age kids with a new project introduced every 3 weeks. See display of all projects and pick yours up in the Children's Department, while supplies last.

No registration required.

# 1,000 Books Before Kindergarten Reading Challenge

Ages 0–5 Starts September 7

Start your little one off with a love of reading by participating in the **1,000 Books Challenge**. Families with kids ages 0–5 can use the Library's Beanstack tracking app to mark their progress. Along the way, reading milestones are rewarded with digital badges and small incentives picked up at the library.

Register through the library website or the Beanstack app starting September 7.

# Wisconsin Science Festival: Apple Mummification

Grades 3–6 Thursday, October 21–24

Mummies have been around for thousands of years! Visit our exhibit of apples in various stages of mummification and learn about the science of preservation and the chemistry of desiccants.
Register for a kit to make your own apple mummy at home!

Registration is required; visit the library website at phplonline.org starting October 1 to register.

#### **Halloween Scavenger Hunt**

All Ages October 27–31

Join us for a spooktacular scavenger hunt during the Halloween weekend! Costumes are welcome while you hunt down answers, all within walking distance of the library, at your most convenient time. Visit our website to access the list of clues and simple answer submission form. If you prefer, a paper copy of the clues will be available to print from our website and also at the children's reference desk.

No registration required

#### **Forts & Flashlights**

**All Ages** 

Friday, November 5, 6–8 p.m.

What could be more fun than being in the library after hours with the lights turned low? Building a fort in the library during that time! Bring your blankets, stuffed animals and flashlights and build a fun fort in the library to read in. Join us from 6:00-6:30 for a S'mores Ice Cream Bar (while supplies last). Parents must attend and accompany children during the event.

No registration, just drop in!

# JUST FOR TEENS (GRADES 7–12)

#### Make It! Teen

Join us in the Quad Graphics Room for a monthly craft program for teens! Registration is required. You can sign up online at **phplonline.org/teens**, or you may contact the library to register. All supplies are provided!

**Forest Critters Keychains** 

3:30 p.m. Wednesday, September 29 (Registration opens 9/13)

**Mummy Luminaries** 

6:30 p.m. Tuesday, October 26 (Registration opens 10/11)

**Galaxy Jars** 

6:30 p.m. Monday, November 15 (Registration opens 11/1)

**DIY Handwarmers** 

3:30 p.m., Thursday, December 2 (Registration opens 11/15)

#### TeenTober Reading Challenge

October 1-31

Are you ready for the annual **TeenTober Reading Challenge**? Read at least three books from different genres during the month of October to complete the challenge and win a free book and a treat. Visit **phplonline.beanstack.org** or download the Beanstack Tracker mobile app starting October 1 to sign up for the challenge and begin tracking your progress. If you're unable to participate using Beanstack, ask a librarian for a paper version.

#### **Halloween Scavenger Hunt**

**October 27-31** 

Stop by the adult reference desk to pick up your clues and get started on a Halloween-themed scavenger hunt! Costumes are welcome. All locations are within walking distance of the library. No registration required. Younger Halloween fans may visit the Children's Desk for a spooky scavenger hunt of their own!

#### **Blacklight Painting**

Friday, November 5 6-8 p.m.

Drop by the QuadGraphics Room during Forts & Flashlights for teens-only blacklight painting! *No registration required.* 



#### Dementia Conversations Thursday, November 4, 6 p.m.

If you know someone who is experiencing changes in memory, thinking and behavior, this education program provides tips and strategies for difficult—but important—conversations about changes that may be related to dementia. Presented by the Alzheimer's Association. This program is offered in conjunction with PHPL's partnership with the Library Memory Project.

Pauline Haass Public Library is a member of the Library Memory Project. Our monthly Memory Cafés will continue to meet throughout fall. A Memory Café is an informal social gathering for those living with early-stage memory loss and their care-partner. If you and your loved one would like to attend a virtual Memory Café, please visit the Library Memory Project website for the event schedule and registration information. New to Zoom? Please contact us if you have questions!

www.librarymemoryproject.org



#### **Acrylic Painting**

#### Ages 7-17

#### **Civic Center: Craft Room**

Learn to create form and illusions using techniques such as shading, highlighting, color contrast, stroke work, brush loading, and more. Drawings are used as a base of reference along with step-by-step instructions and demonstrations. *Participants should bring a smock. All art supplies are included.* 

Day	Time	Dates	Fee
Tu	5:30-6:45 PM	10/12	\$24R/\$30NR

# Canvas Tote Bag Painting: Halloween Theme

#### Ages 7 & up

Civic Center: Craft Room
Create and paint your own Halloween-theme canvas

tote bag. This is a great art project to use to collect all that Trick-or-Treat candy! All art supplies are included. Participants should bring a smock.

Day	Time	Dates	Fee
Tu	5—7 PM	10/26	\$22R/\$27.50NR

#### **Umbrella Painting**

#### Ages 7-12

#### **Civic Center: Craft Room**

Learn how to create a one of a kind masterpiece that actually keeps you dry! You will be taught simple yet innovative techniques to paint designs on an umbrella. Spend some creative time alone or with friends and take home a unique umbrella painted by you! All materials will be provided. Participants should bring a smock.

Day	Time	Dates	Fee
Tu	5—7 PM	11/9	\$30R/\$37.50NR

#### **Birdhouse Painting**

#### Ages 7 & up

#### **Civic Center: Craft Room**

Our feathered friends will be sure to take up residence as you make a hand painted birdhouse to include as a fun yard decoration or even as indoor art. *All art supplies included. Participants should bring a smock.* 

Day	Time	Dates	Fee
Tu	5-7 PM	11/2	\$24R/\$30NR

#### **Henna Tattoo**

#### Ages 7 & up

#### **Civic Center: Craft Room**

Henna is a dye that can be used to create intricate designs on skin. In this class you will learn how to hold a Henna Cone and create drawings on paper and skin. The Henna used contains no chemicals or artificial dyes and will last 1-3 weeks on skin. *All supplies are included*.

Day	Time	Dates	Fee
Tu	5:30-6:45 PM	10/5	\$18R/\$22.50NR

#### **Picture Frame and Photo Holder**

#### Ages 7 & up

#### **Civic Center: Craft Room**

Create a special picture frame/photo holder for a loved one or create it together! *All art supplies are included. Participants should bring a smock.* 

Day	Time	Dates	Fee
Tu	5-7 PM	11/30	\$20R/\$25NR

#### **Watercolor Painting**

#### Ages 7-17

#### **Civic Center: Craft Room**

Enjoy the creative expression of watercolor painting by learning the basic techniques and principles through organized and accessible step-by-step approach. Our focus will be on developing skills for the beginner and refining the style of the more experienced painter. Participants should bring a smock. All art supplies are included.

Day	Time	Dates	lee
Tu	5:30—6:45 PM	9/21	\$15R/\$18.75NR

#### **Music Maker and More**

#### Ages 9m-4

#### **Civic Center: Community Room**

This sing-along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. Our goal is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun family class!

Day	Time	Dates	Fee
F	10:30-11 AM	9/17-10/15	\$44R/\$55NR

#### **Babysitting Certification Course**

#### Ages 11–15

#### Civic Center: Board Room

#### The Red Cross Babysitting Certification

**Course** provides youth who plan to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. In addition to learning about basic child care and first aid, this training helps participants develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, and help children behave.

Day	Time	Dates	Fee
М	9 AM-3 PM	10/22	\$99R/\$123.75NR
M	9 AM-3 PM	11/5	\$99R/\$123.75NR

#### **Recreational Tree Climbing**

#### Ages 7-18

#### **Menomonee Park**

**Recreational Tree Climbing** allows climbers to ascend into and explore trees safely. Gain a new appreciation for trees, nature and your County Parks. Recreational Tree Climbing is a unique activity that can be enjoyed by an individual, in small groups, and especially rewarding to families. *All gear and instruction is provided. Participants should wear long pants, sturdy shoes and bring a sense of adventure.* 

,	, ,	,	
Day	Time	Dates	Fee
Sa	10 AM-12 PM	11/20	\$42R/\$42NR





#### **Grownup + Me Dance**

Ages 11/2-3

#### **Civic Center: Studio/Community Room**

Is your toddler ready to move and groove?

**Grownup + Me** is designed for moms, dads, grandparents or guardians to dance with their toddler! Grownups act as their child's guide to learning creative movement, locomotor skills, rhythmic basics and ageappropriate dance technique.

Day	lime	Dates	166
W	9:30-10:15 AM	9/8-10/13	\$50R/\$62.50NR
M	4:30-5:00 PM	9/13-10/18	\$50R/\$62.50NR
W	9:30-10:15 AM	10/27-12/1	\$50R/\$62.50NR
М	4:30-5:00 PM	10/25-11/29	\$50R/\$62.50NR

#### **Creative Movement**

Ages 3-4

#### **Civic Center: Studio**

**Creative Movement** is a great introduction to the world of dance designed especially for 3- and 4-year olds. Students will begin learning basic positions and steps and will work to develop balance, coordination, and rhythm. Through the use of structured games and activities, each class will allow the student to explore different ways of moving. Students should wear clothing they are comfortable moving in and socks. *This is not a parent/child class. No Class Date: 11/25.* 

Day	Time	Dates	Fee
Th	5-5:30 PM	9/9-10/21	\$60R/\$75NR
Th	5-5:30 PM	10/28-12/16	\$60R/\$75NR

# YOUTH SCHOLARSHIP PROGRAM

The Village of Sussex strongly believes that all children should have the opportunity to participate in Village-sponsored recreation programs, regardless of financial status. Detailed information and applications for the Youth Scholarship Program are available online at <a href="villagesussex.org">villagesussex.org</a>, the Sussex Civic Center, the Hamilton School District Guidance Office and Sussex-Area Outreach Services.

#### **Pre-Ballet**

#### Ages 3-5

#### **Civic Center: Board Room**

This class is a great introduction to the basics of ballet in a fun and engaging class that combines music, stories and dance. A leotard, tights and ballet shoes are recommended for this class.

Day	Time	Dates	Fee
W	10:15-11:00 AM	9/8-10/13	\$50R/\$62.50NR
W	10:15-11:00 AM	10/27-12/1	\$50R/\$62.50NR

#### **Introduction to Ballet & Tap**

Ages 4-5

#### **Civic Center: Studio**

This class is a great introduction to the basics of dance elements through basic choreography and lessons. Your child will learn basic fundamentals in ballet and tap dance styles. A leotard, ballet and tap shoes are needed. This class is not a parent/child class. No Class Date: 11/25. Day Time Dates

Fee				
Th	5:30—6 PM	9/9-10/21	\$60R/\$	75NR
Th	5:30-6 PM	10/28-12/16	\$60R/\$	75NR

# Tumbling

#### Grown Up + Me Tumbling

Ages 2-3

#### **Civic Center: Multipurpose Room**

Children and parents are guided through activities designed to improve balance, strength, and large muscle development, gross and fine motor skills, as well as hand eye coordination and some basic gymnastics skills. Class also includes social play. Children must be accompanied by an adult. No Class Dates: 11/25.

Day	Time	Dates	Fee
Th	4:30-5 PM	9/9-10/14	\$60R/\$75NR
Th	4:30-5 PM	10/21-12/16	\$60R/\$75NR

#### **Introduction to Tumbling**

Ages 3-5

#### Civic Center: Multipurpose Room

Introduction to Tumbling is for kids ready to participate in class without parents. Focus is on learning beginning gymnastics skills, and improving coordination, strength and flexibility. Children will learn how to follow circuits and simple directions and learn basic gymnastic skills. *No Class Dates:* 11/25.

Day	Time	Dates	Fee
Th	5:15-6 PM	9/9-10/21	\$60R/\$75NR
Th	5:15-6 PM	10/28-12/16	\$60R/\$75NR

#### Gift Certificates Available

SURPRISE SOMEONE with a gift certificate for any dollar amount to be used toward a recreation program or trip.

#### Purchase Gift Certificates

at the Sussex Civic Center from 8 a.m. to 5 p.m. M-F or online at

www.villagesussex.org



# SHOWCASE DANCE

**Showcase Dance** is a school-year program that offers classes including both tap, ballet, jazz and cheer/poms. Technique learned will be incorporated into fun routines to explore musicality, rhythm and expression. For the tap/ballet classes, dancers need both tap shoes and ballet/jazz shoes (the style/color does not matter). The class concludes with an all-program recital on March 12 at the Hamilton Fine Arts Center where dancers show off what they've learned over the course of the year. Tickets will be available for purchase at a later date.

**NEW THIS YEAR ... Costume costs are included in your registration fee!** 

# Tap & Ballet/Jazz

#### **Preschool Ballet**

Ages 3–4 Civic Center: Studio

This introductory class is for our littlest dancer that is ready to take their first dance class. Basic ballet technique will be introduced while working on general motor skills. *No Class Dates: 11/24, 12/22, 12/23, 12/28, 12/29.* 

Day	Time	Dates	Fee
W	5:30-6:00 PM	9/15-3/12	\$150R/\$187.50NR
Th	4:30-5:00 PM	9/16-3/12	\$150R/\$187.50NR

#### **Level 2 Ballet & Tap**

Ages 4–5

**Civic Center: Studio** 

The **Level 2** class is for those interested in learning more about dance or further developing their current dance skills. Students will explore both tap and ballet genres of dance with an emphasis on basic technique execution. *No Class Dates:* 11/24, 12/22, 12/23, 12/28, 12/29.

Day	Time	Dates	Fee
W	6:10-6:40 PM	9/15-3/12	\$150R/\$187.50NR
Th	5:05-5:50 PM	9/16-3/12	\$150R/\$187.50NR

#### **Level 3 Ballet & Tap**

Ages 5–6

**Civic Center: Studio** 

The **Level 3** class will focus on mastering elements from a beginner curriculum. Dancers will work on executing dance steps to new tempos and rhythms and explore different levels of musicality. *No Class Dates*: 11/23, 11/25, 12/21, 12/23, 12/28, 12/30.

Day	Time	Dates	Fee
T	5-5:45 PM	9/14-3/12	\$150R/\$187.50NR

#### **Level 4 Ballet & Tap**

Ages 6–7

**Civic Center: Studio** 

The **Level 4** class introduces dancers to new skills and technique elements. Dancers will build off of the beginner curriculum and will be introduced to new combinations of skill progressions. Stretching and flexibility are introduced as key dance elements. *No Class Dates:* 11/23, 11/25, 12/21, 12/23, 12/28, 12/30.

Day	Time	Dates	Fee
Tu	5:50-6:40 PM	9/14-3/12	\$150R/\$187.50NR

#### Level 4+ Ballet, Jazz & Tap

Ages 6–7

**Civic Center: Studio** 

The **Level 4** class introduces dancers to new skills and technique elements. This class includes ballet, jazz and tap styles. Dancers will build off of the beginner curriculum and will be introduced to new combinations of skill progressions. Stretching and flexibility are introduced as key dance elements. *No Class Dates*: 11/24, 12/22, 12/29.

Day	Time	Dates	Fee
W	7:05-7:55 PM	9/14-3/12	\$150R/\$187.50NR

#### **Level 5 Ballet & Tap**

Ages 8-10

Civic Center:Community Room

The quicker pace of the **Level 5** class will continue to challenge dancers as the difficulty of skills increases. The class will continue to focus on flexibility and rhythm along with memorization and musicality. Practice outside of class is required. *No Class Dates:* 11/23, 12/21, 12/28.

Day	Time	Dates	Fee
Tu	6:45-7:45 PM	9/14-3/12	\$150R/\$187.50NR

# CHEER & POM

#### **Beginner Cheer & Pom**

Ages 5–7

**Civic Center: Studio** 

**Beginner Cheer & Pom** will focus on Dance & Drill pom-pon dance style. Students will learn pom technique, turns, jumps and kicks. Emphasis will be placed on proper arm placement, sharp and precise movements, and synchronization. This class will also work on strength of movement and flexibility. Practice outside of class will be required. *No Class Dates:* 11/22, 12/20, 12/27.

 Day
 Time
 Dates
 Fee

 M
 5:05-5:35 PM
 9/13-3/12
 \$150R/\$187.50NR

#### **Intermediate Cheer & Pom**

Ages 7–10 Civic Center:Studio

This class will focus on cheer & pom. Students will learn pom technique, turns, jumps and kicks. Emphasis will be placed on proper arm placement, sharp and precise movements, and synchronization. This class will also work on strength of movement and flexibility. Practice outside of class will be required.

No Class Dates: 11/22, 12/20, 12/27.

 Day
 Time
 Dates
 Fee

 M
 5:40-6:25 PM
 9/13-3/12
 \$150R/\$187.50NR

#### **Advanced Cheer & Pom**

Ages 10–14
Civic Center: Studio

**Advanced Cheer & Pom** will focus on cheer & pom style. Students will learn pom technique, turns, jumps and kicks. Emphasis will be placed on proper arm placement, sharp and precise movements, and synchronization. This class will also work on strength of movement and flexibility. Practice outside of class will be required. *No Class Dates:* 11/22, 12/20, 12/27.

Day	Time	Dates	Fee
М	6:30-7:15 PM	9/13-3/12	\$150R/\$187.50NR



#### Grown Up + Me Yoga

#### Ages 2-5

#### **Civic Center: Studio**

Explore the wonderful world of yoga through story, song and mindfulness. The focus of this class is bringing awareness to the way our bodies move and identifying emotions. Starting kids in learning mindfulness can encourage a lifelong journey of health. So put on your stretchy pants and be prepared for movement and FUN with your whole family! No Class Dates: 11/24

Day	Time	Dates	Fee
W	10-10:30 AM	9/15-10/20	\$32R/\$40NR
W	10:00-10:30 AM	11/3-12/15	\$32R/\$40NR

#### Grown Up + Me Sports

#### Ages 2-3

#### **Civic Center: Multipurpose Room**

**Grown Up + Me Sports** introduces children to sports concepts like throwing, catching, hitting, jumping, bouncing and more using fun and unique skills building games and activities. We will use equipment and techniques for sports such as baseball, soccer, football, kickball, tumbling and many more. This is a parent/child class, so get ready to have some fun with your kiddos! *No Class Dates*: 11/23

Day	Time	Dates	Fee
Tu	4:30-5 PM	9/14-10/19	\$60R/\$75NR
Tu	4:30-5 PM	10/26-12/7	\$60R/\$75NR

#### **Base Batters**

#### **Ages 4–8**

#### **Civic Center: Multipurpose Room**

**Base Batters** is a beginner baseball class working on different physical and mental abilities of the game. Your child will learn the techniques of hitting, catching, running and having fun while learning how to get on BASE! We plan to end each class with a fun game.

Age	Day	Time	Dates	Fee
4-5	Tu	5:30-6:15 PM	11/30-12/21	\$60R/\$75NR
6-8	Tu	6:30-7:15 PM	11/30-12/21	\$60R/\$75NR

#### Pint-Sized Flag Football

#### Ages 4-6

#### **Village Park: Lighted Diamond**

**Flag Football** is an introductory program that teaches children the fundamentals of football. Children must be 4 by the start of the program.

Children will use soft footballs on a 50-yard field.

Parent volunteers are essential to have a successful, quality program. Please indicate on your registration that you would like to coach. Price includes a T-shirt. Indicate size at time of registration.

Day	Time	Dates	Fee
Sa	9:30-10:30 AM	9/11-10/16	\$54R/\$67.50NR
Sa	10:45-11:45 AM	9/11-10/16	\$54R/\$67.50NR

#### **Incredible Athletes**

#### Ages 4-5

#### Civic Center: Multipurpose Room

Learn to be an athlete! **Incredible Athletes** is designed to introduce your child to a variety of sports. Each week will consist of different sport activities, drills, skills and playing fun games.

Day	Time	Dates	Fee
Tu	5:30-6:15 PM	11/2-11/23	\$60R/\$75NR
Tu	6:30-7:15 PM	11/2-11/23	\$60R/\$75NR

#### **Learn to Skate**

#### Ages 4-12

#### Naga-Waukee Ice Arena, Delafield

In cooperation with the Waukesha County Park system and area Park/Rec Departments, **Learn to Skate** develops basic ice skating skills. Students develop confidence on the ice by making turns and stops, learning to forward and backward skate and falling and recovery techniques. Come early to allow time to put on skates. It is recommended that participants wear a helmet (bike helmet is fine). Skate rental is included.

Age	Day	Time	Dates	Fee
46	W	5:30-6 PM	11/10-12/8	\$65R/\$65NR
7-12	W	6-6:30 PM	11/10-12/8	\$65R/\$65NR

















#### **Basketball 101**

#### Ages 4–8

#### **Civic Center: Multipurpose Room**

**Basketball 101** is a class designed to give your child an overview of basic basketball skills. During the class, participants will be introduced to dribbling, shooting, rebounding and passing. *No Class Dates:* 11/27.

Age	Day	Time	Dates	Fee
4-5	Sa	9:15-10 AM	11/13-12/18	\$65R/\$81NR
4-5	Sa	10:15-11 AM	11/13-12/18	\$65R/\$81NR
6-8	Sa	11:15 AM-12 PM	11/13-12/18	\$65R/\$81NR

#### Basketball 201

#### Ages 9–11

#### **Civic Center: Multipurpose Room**

**Basketball 201** is designed to develop the basic fundamentals of the game of basketball. Participants will be introduced to various ball handling, shooting, passing and rebounding drills. To showcase skills learned in class, the Hoopers will perform team play at the end of some classes. *No Class Dates: 11/26, 12/3.* 

Day	Time	Dates	Fee
F	6-6:50 PM	11/5-12/17	\$65R/\$81NF

#### Little Hooper Fitness 101

#### Ages 4–11

#### **Civic Center: Multipurpose Room**

In **Little Hooper Fitness 101**, your child will join us for some fun and basketball fitness! We will play games, work on various agility drills and basketball skills to develop those Hooper Hands.

Age	Day	Time	Dates	Fee
4-5	Sa	8:30-9:15 AM	9/25-10/23	\$65R/\$81NR
6-8	Sa	9:30-10:15 AM	9/25-10/23	\$65R/\$81NR
9-11	Sa	10:30-11:15 AM	9/25-10/23	\$65R/\$81NR



# MARTIAL ARTS

#### **Early SKILLZ**

Ages 3–4

**Family Strong Sussex** 

Three to four year olds love physical activity and anything involving play! They have a rich imagination and strong desire to be less dependent on their usual caregivers. **Early SKILLZ** provides children with the basic tools and discipline they need to succeed! While they learn simple martial arts moves such as kicking, blocking, crawling and jumping, they also grasp critical lessons about social conduct. Over time, Early SKILLZ students learn how to control their movements, follow directions and interact with students and teachers which is key to preparing them for their next best steps into school and other group activities. *No Class Dates: 11/23*.

Day	Time	Dates	Fee
Tu	4:30-5 PM	9/7-10/19	\$95R/\$118.75NR
Tu	4:30-5 PM	10/26-12/14	\$95R/\$118.75NR

All martial arts participants pay a one-time enrollment fee of \$30 directly to Family Strong Sussex for T-shirt and black training pants. Please bring this payment to your first class.

#### **Basic SKILLZ**

Ages 5–6 Family Strong Sussex

Five and six year olds are the most enthusiastic students! They love creativity and problem solving which makes them ideal students in the martial arts. **Basic SKILLZ** teaches children how to control their bodies and behavior in a fun, social environment



that encourages cooperation and respect. Together we explore the skills of teamwork, discipline, memory and balance while practicing coordination and essential martial arts moves! *No Class Dates:* 11/23.

Day	Time	Dates	Fee
Tu	5:10-5:50 PM	9/7-10/19	\$95R/\$118.75NR
Tu	5:10-5:50 PM	10/26-12/14	\$95R/\$118.75NR

#### **Core SKILLZ**

Ages 7–9 Family Strong Sussex

Seven-to-nine-year-olds are what most people consider "the golden age." They are proficient in their vocabulary and problem-solving skills, yet they are not at the age where they want complete independence from adults. This makes the teacher-student relationship stronger than ever! **Core SKILLZ** teaches children about how to accept responsibility for their actions, how to manage negative emotions and to pay attention to the instructions and advice of their teachers. The agespecific skills we focus on include agility, courage, flexibility and perseverance in a way that allows them to build the confidence they need to succeed. These invaluable skills translate from our martial arts studio to school and most importantly to home! No Class Dates: 11/22.

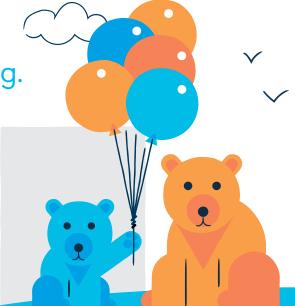
Day	Time	Dates	Fee
M	5:10-5:55 PM	9/13-10/18	\$95R/\$118.75NR
М	5:10-5:55 PM	10/25-12/13	\$95R/\$118.75NR



Safety first. A love of learning.

Confidence for life!

Our center is open and there's room for you! At KinderCare, health and safety have been—and always will be—our top priority. We're taking extra precautions to protect our community so your child can learn, grow, and be exactly who they are. Here, you won't just find a clean and safe place for your child, you'll find peace of mind for yourself.



We're enrolling in your neighborhood!
CAPITOL DRIVE EAST KINDERCARE

Full and part-time care for ages 6 weeks to 12 years N35W23824 Capitol Drive Pewaukee, WI 53072

To learn more, give us a call at 414-207-0865



# MULTI-CLASS DISCOUNT

Looking to workout a few times a week?

Register for multiple classes in the same session and receive 75% off your 3rd–5th class registration fees! Discount is automatically applied at checkout, so no coupon codes needed!

(Bootcamp in the Park, Jazzercise, and Pickleball are not eligible for the Multi-Class Discount.)

#### **Barre**

## Ages 13 & up Civic Center: Studio

**Barre** offers a total body workout, focused on low-impact/high-intensity movements that improve strength and flexibility. *No Class Dates:* 11/25.

Day	Time	Dates	Fee
Th	6-6:45 PM	9/9-10/21	\$42R/\$52.50NR
Th	6-6:45 PM	10/28-12/16	\$42R/\$52.50NR

#### **Gentle Fitness**

#### Ages 18 & up Civic Center: Studio

**Gentle Fitness** is a low-impact, aerobic program and is designed for older adults to improve flexibility and cardiovascular health while safely and appropriately stretching. This fitness routine is great for your overall wellness. *No Class Dates:* 11/22, 11/23, 11/25.

Day	Time	Dates	Fee
Tu	9-9:45 AM	9/7-10/19	\$36R/\$45NR
Th	9-9:45 AM	9/9-10/21	\$36R/\$45NR
M	9-9:45 AM	9/13-10/18	\$31R/\$38.75NR
M	9-9:45 AM	10/25-12/13	\$36R/\$45NR
Tu	9-9:45 AM	10/26-12/14	\$36R/\$45NR
Th	9-9:45 AM	10/28-12/16	\$36R/\$45NR

#### **Gentle Barre**

#### Ages 18 & up Civic Center: Studio

**Gentle Barre** incorporates moves from ballet and infuses elements of Pilates and Yoga. The class addresses strength training, flexibility, balance and core conditioning in a total body workout that targets the hips, glutes, abs, and arms. Fun, upbeat music and props such as the ballet barre, resistance bands, handheld weights and small balls are used during this class. Students must be comfortable getting up and down from the floor. No dance experience required. *No Class Dates: 11/23 11/25*.

Day	Time	Dates	Fee
Tu	10-10:45 AM	9/7-10/19	\$36R/\$45NR
Th	10-10:45 AM	9/9-10/21	\$36R/\$45NR
Tu	10-10:45 AM	10/26-12/14	\$36R/\$45NR
Th	10-10:45 AM	10/28-12/16	\$36R/\$45NR

#### **Zumba Toning**

#### Ages 13 & up Civic Center: Multipurpose Room

**Zumba Toning** combines a typical Zumba workout with extra emphasis on toning and sculpting. Classes follow choreographed movements to the tune of Latin and World Rhythms.

Day	Time	Dates	Fee
Tu	6-6:45 PM	9/7-10/19	\$42R/\$52.50NR

#### **Pound**

#### Ages 13 & up Civic Center: Community Room/Board Room

SWEAT. SCULPT. ROCK. **POUND** is the world's first cardio jam session inspired by the infectious, energizing and sweat dripping fun of playing the drums. This full body workout combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. *No Class Dates:* 11/22, 11/25.

Day	Time	Dates	Fee
M	6-6:45 PM	9/13-10/18	\$36R/\$45NR
Th	6-6:45 PM	9/9-10/21	\$42R/\$52.50NF
М	6-6:45 PM	10/25-12/13	\$42R/\$52.50NR
Th	6-6:45 PM	10/28-12/16	\$42R/\$52.50NR

## Walk Indoors at the Sussex Meijer N51W24953 Lisbon Road

Meijer Sussex welcomes community members and avid walking enthusiasts into their store between 6 a.m. and midnight daily.



#### **Bootcamp in the Park**

#### Ages 18 & up

#### The Grove at Village Park

Are you ready to really push your workout routine to the next level? Our **Boot Camps** consist of cardio conditioning, strength training and stretching. Exercises and format vary for every workout so no two boot camp sessions are the same. By changing up routines and workouts, these classes are designed to push participants harder than they'd push themselves and to always keep the body guessing to maximize results! These small group training sessions will take place outdoors at the Grove at Village Park. Participants should bring a mat and light-to-medium weights to each session. Our instructors are trained fitness professionals who specialize in helping people reach their fitness goals. *No Class Dates: 11/24*.

Day	Time	Dates	Fee
W	6:30-7:30 PM	9/8-10/20	\$105R/\$131NR
W	6:30-7:30 PM	10/27-12/15	\$105R/\$131NR

# YOGA

#### **Gentle Chair Yoga**

## Ages 18 & up Civic Center: Community Room

Gentle stretches, breathing, relaxation, and simple movements increase range of motion of the major joints. **Gentle Chair Yoga** is appropriate for older adults or those who simply prefer to move at a slower pace. Modifications are given to accommodate individuals with limited balance, decreased joint mobility and decreased strength. *No Class Dates:* 11/24.

Day	Time	Dates	Fee
W	9-9:45 AM	9/8-10/20	\$42R/\$52.50NR
W	9-9-45 AM	10/27-12/15	\$42R/\$52 50NR

#### **Next Level Gentle Yoga**

#### Ages 18 & up

#### **Civic Center: Community Room**

Are you ready to take your Gentle Yoga class from the chair to the next level? **Next Level Gentle Yoga** addresses flexibility, strength, balance and functional postures while on the floor in addition to using the chair and standing. This class is geared toward active older adults, but works to each participant's ability level. Modifications, as well as challenges, are always provided. This class is best suited for those who can comfortably get up and down from the floor with or without assistance of a chair. *No Class Dates: 11/24*.

Day	Time	Dates	Fee
W	10-11 AM	9/8-10/20	\$42R/\$52.50NR
W	10-11 AM	10/27-12/15	\$42R/\$52.50NR

#### Yin Yoga

## Ages 13 & up Civic Center: Community Room

What is **Yin Yoga**? While "yang" yoga focuses on your muscles, yin yoga targets your deep connective tissues, like your fascia, ligaments, joints and bones. It's slower and more meditative, giving you space to turn inward and tune into both your mind and the physical sensation of your body. Yin Yoga is an excellent complement to any other discipline, be it yoga, running, swimming or cross training. Poses are primarily floor-based and held for 3-5 minutes. Roll out your mat and try some Yin Yoga! *No Class Dates:* 11/26.

Day	Time	Dates	Fee
F	7-8 AM	9/10-10/22	\$42R/\$52.50NR
F	7-8 AM	10/29-12/17	\$42R/\$52.50NR

#### Yoga

#### Ages 13 & up

#### **Civic Center: Board Room/Community Room**

**Yoga** combines physical exercises, mental meditation and breathing techniques to strengthen the muscles and relieve stress. *No Class Dates: 11/22, 11/24.* 

Day	Time	Dates	Fee
W	5:45-6:45 PM	9/8-10/20	\$42R/\$52.50NR
W	7-8 PM	9/8-10/20	\$42R/\$52.50NR
М	6-7 PM	9/13-10/18	\$36R/\$45NR
М	6-7 PM	10/25-12/13	\$42R/\$52.50NR
W	5:45-6:45 PM	10/27-12/15	\$42R/\$52.50NR
W	7-8 PM	10/27-12/15	\$42R/\$52.50NR

#### **Yolates**

#### Ages 13 & up Civic Center: Studio

**Yolates** is a combination of traditional Yoga and Pilates. As a result, this is a workout that tones the entire body, enhances posture, improves your flexibility and reduces stress. *No Class Dates: 11/21, 11/23, 11/25, 11/27*.

Day	Time	Dates	Fee
Su	7-8 AM	9/5-10/17	\$42R/\$52.50NR
Tu	6-7 AM	10/26-12/14	\$42R/\$52.50NR
Th	6-7 AM	9/9-10/21	\$42R/\$52.50NR
Sa	8-9 AM	9/11-10/23	\$42R/\$52.50NR
Su	7-8 AM	10/24-12/12	\$42R/\$52.50NR
Tu	6-7 AM	9/7-10/19	\$42R/\$52.50NR
Th	6-7 AM	10/28-12/16	\$42R/\$52.50NR
Sa	8-9 AM	10/30-12/18	\$42R/\$52.50NR





Jazzercise classes are excluded from the Multi-Class discount, but are included in the Unlimited Jazzercise Pass, which is a separate class.

#### Jazzercise®: DanceMixx

#### Ages 13 & up Civic Center: Multipurpose Room

Jazzercise's® signature class format is the ultimate full-body workout. Get lost in the easy to follow upbeat dance based cardio sweat session followed by strength training and stretching. The pumpin™ vibe will motivate you to dance, jump, kick, plank and crunch your way through hit music that distracts you from the burn. (LO impact movements will be demonstrated to meet every fitness ability.) *No Class Dates: 11/22*.

Day	Time	Dates	Fee
M	5:30-6:30 PM	9/13-10/18	\$69R/\$86NR
M	5:30-6:30 PM	10/25-12/6	\$69R/\$86NR

#### Jazzercise®: Interval Fusion

#### Ages 13 & up

#### Civic Center: Multipurpose Room

**Jazzercise®** is the original dance party workout. This circuit-based HIIT workout consists of easy-to-

follow dance-based cardio, sprinkled with strength training. Top off the hour with a full-body strength training blast and stretching. You will sweat and shine and you lose yourself in the music, and burn up to 800-calories in an hour. (LO impact movements will be demonstrated.) Developed for every fitness level, it's a mood boost that can't be beat! *No Class Dates*: 11/27.

Day	Time	Dates	Fee
Sa	8-9 AM	9/18-10/16	\$69R/\$86NR
Sa	8-9 AM	10/23-12/11	\$69R/\$86NR

#### Jazzercise®: Core, Strike, Strength

#### Ages 13 & up

#### **Civic Center: Multipurpose Room**

Jazzercise® to the Core! Your stability, strength and determination will be challenged in this dancing abs class designed to tone your core through both aerobic and strength work. This Top-40's hits class, will blend dance with pilates, yoga, kickboxing and unique strength tools, including bands, weights and balls. Created for all fitness and dance abilities, this format is at the CORE of your fitness reboot! *No Class Dates: 9/19.* 

Day	Time	Dates	Fee
Su	8-9 AM	9/12-10/17	\$69R/\$86NR
Su	8-9 AM	10/24-12/5	\$69R/\$86NR

#### Jazzercise®: Strength-45

#### Ages 13 & up

#### **Civic Center: Community Room**

FUN TOOLS. FUN MUSIC. STRONG BODIES.

Incorporating a variety of fun fitness tools—from balls to bands, to weights and tubes—this power-packed class of weight and resistance training can be customized to every age and fitness level. Time will fly, as you develop lean muscle in the upper body, lower body and core, all choreographed to today's hottest music. *No Class Dates: 11/23*.

Day	Time	Dates	Fee
Tu	5:30-6:15 PM	9/14-10/19	\$69R/\$86NR
Tu	5:30-6:15 PM	10/26-12/7	\$69R/\$86NR

#### Jazzercise®: Unlimited Pass

#### Ages 13 & up Civic Center: Community Room/ Multipurpose Room

Unlimited access to all Jazzercise branded classes held in Sussex. *No Class Dates:* 11/21–11/27.

Day	Dates	166
M/Tu/Sa/Su	9/12-10/16	\$95R/\$118.75NR
M/Tu/Sa/Su	10/17-12/11	\$95R/\$118.75NR



#### **Pickleball for Beginners**

Ages 18 & up The Grove: MultiSport Courts Civic Center: Multipurpose Room

If you have never played pickleball or started playing with no instruction, come get a comfortable and correct start to the fastest growing sport in America: Pickleball. It's a great game with a strange name. A fun sport for all ages and abilities.

This three-session class will introduce you to the FUNdamentals of the game highlighting the main shots in game-like scenarios. You will learn the basic skills, and the rules and etiquette which you need to get started along with how to keep score, and how to setup and move on the court when playing recreational doubles.

At the end of Sessions 2 and 3, games will be played to apply what's been taught. Come get some exercise, have fun, and join the friendly community of players in the area.

Wear good court shoes and weather-appropriate sport clothing. Paddles will be available. Protective eyewear is recommended but optional. Instructional resources will be provided.

Day	Time	Dates	Fee
М	10:15 AM-12:15 PM	9/13-9/27	\$25R/\$31NR
M	4:30-6:30 PM	9/13-9/27	\$25R/\$31NR
М	12:15-10:15 AM	10/4-10/18	\$25R/\$31NR
М	4:30-6:30 PM	10/4-10/18	\$25R/\$31NR
М	12:15-10:15 AM	11/1-11/15	\$25R/\$31NR
M	4:30-6:30 PM	11/1-11/15	\$25R/\$31NR

#### Pickleball Drills & Skills for Equally-Skilled Partners

Ages 18 & up
The Grove: MultiSport Courts
Civic Center: Multipurpose Room

Most everyone agrees you can't improve playing a game by just playing the game. Experienced pickleball players are encouraged to come and improve their game through multiple workouts of repetitive drills. With limited instruction and demonstrations, the basic shots of the game will be repeated in game-like scenarios multiple times. Session 1: Serves and return-of-serves (drives). Session 2: Dinks and drop shots. Session 3: Volleys and lobs. At the end of each session, time will be given to play a game applying what's been drilled

Wear good court shoes and weather-appropriate sport clothing. Protective eyewear is recommended but optional. Instructional resources will be provided. Please come with an equally skilled partner. Register separately; but the drills will work best with an equally skilled partner. If you do not come with one, effort will be made to match you with an equally skilled player.

Day	lime	Vates	166
M	8-10 AM	9/13-9/27	\$25R/\$31NR
М	6:45-8:45 PM	9/13-9/27	\$25R/\$31NR
M	8-10 AM	10/4-10/18	\$25R/\$31NR
M	6:45-8:45 PM	10/4-10/18	\$25R/\$31NR
M	8-10 AM	11/1-11/15	\$25R/\$31NR
M	6:45-8:45 PM	11/1-11/15	\$25R/\$31NR

#### **Pickleball Afternoons**

Ages 18 & up

The Grove: MultiSport Courts
Civic Center: Multipurpose Room

Come and play Pickleball—a blend of tennis and pingpong played on a badminton-sized court. Please note that there will be no formal instruction in this class, and that all skill levels are welcome to play. *No drop-in fees will be permitted. No Class Dates:* 11/23, 11/24, 11/25.

Day	lime	Dates	lee
Tu-Th	1:30-3:30 PM	9/7-10/21	\$24R/\$30NR
Tu-Th	1:30-3:30 PM	10/26-12/16	\$24R/\$30NR

#### **Pickleball Evenings**

Ages 18 & up

The Grove: MultiSport Courts
Civic Center: Multipurpose Room

Come and play Pickleball—a blend of tennis and ping pong played on a badminton-sized court. Please note that there will be no formal instruction in this class, and that all skill levels are welcome to play. *No drop-in fees will be permitted. No Class Dates:* 11/22, 11/24, 11/26.

Day	Time	Dates	Fee
M/W/F	6:30-8:30 PM	9/7-10/21	\$24R/\$30NR
M, W, F	6:30-8:30 PM	10/26-12/16	\$24R/\$30NR

#### **Pickleball Mornings**

Ages 18 & up

The Grove: MultiSport Courts
Civic Center: Multipurpose Room

Come and play Pickleball—a blend of tennis and ping pong played on a badminton-sized court. Please note that there will be no formal instruction in this class, and that all skill levels are welcome to play. No drop-in fees will be permitted. No Class Dates: 11/23, 11/24, 11/25.

Day	IIMe	Vates	166
Tu-Th	8:30-10:30 AM	9/7-10/21	\$24R/\$30NR
Tu-Th	8:30-10:30 AM	10/26-12/16	\$24R/\$30NR

# Try a Fitness Class! Purchase a \$5 DROP-IN PASS

at the Civic Center front desk from 8 a.m. to 5 p.m. Monday—Friday, and join the class for the day!

DROP-IN PASS available for all classes, as long as space is available. (Not Included: Pickleball, Jazzercise)

#### FITNESS PARTICIPANTS MUST BE AGE 13 YEARS OR OLDER

Participants under 18 years of age must have parent/guardian signature on registration form to participate.



#### **Basketweaving**

#### Ages: 18 & up **Civic Center: Craft Room**

Students of all levels are welcome to weave a project of their choice with the guidance of an experienced instructor. Project materials are available for purchase through the instructor or bring your own. Tips are provided for all aspects of basket making.

This is an open studio; come as many days as you like! Bring the following supplies to each session: Clippers or strong scissors, 10–15 clip clothespins, old towel, small flat screwdriver, pail or bucket, plant mister, pencil and needle-nosed pliers. No pre-registration necessary.

Day Dates Fee 9 AM-12 PM 9/7-12/15 \$12/person/week Tu

#### **Acrylic Painting**

#### Ages 16 & up **Civic Center: Craft Room**

Learn to create form and illusions using techniques such as shading, highlighting, color contrast, stroke work, brush loading, and more. Drawings are used as a base of reference along with step-by-step instructions and demonstrations. Participants should bring a smock. All art supplies are included.

Day Time Dates Tu 5:30-7 PM 10/19 \$24R/\$30NR

#### Madhuani Painting: Wooden Tray & **Coaster Set**

#### Ages 15 & up **Civic Center: Craft Room**

In this class students will learn Madhubani Folk Art Painting by painting a wooden tray & coaster set (2 coasters). This vibrantly colored, detailed traditional Indian art helps develop concentration and hand-eye coordination. Step-by-step instructions will be given. All supplies are included. Participants should bring a smock.

Day Time Dates 5:30-7:30 PM 11/16 \$30R/\$37.50NR

#### **Watercolor Painting**

#### Ages 16 & up **Civic Center: Craft Room**

Eniov the creative expression of **Watercolor Painting** by learning the basic techniques and principles through organized and accessible step by step approach. Our focus will be on developing skills for the beginner and refining the style of the more experienced painter. Participants should bring a smock. All art supplies are included.

Time Dates Fee 5:30-7 PM 9/28 \$21R/\$26NR

#### **Birdhouse Painting**

#### Ages 7 & up Civic Center: Craft Room

Our feathered friends will be sure to take up residence as you make a hand painted birdhouse to include as a fun yard decoration or even as indoor art. All art supplies included. Participants should bring a smock.

Day	Time	Dates	Fee
Tu	5-7 PM	11/2	\$24R/\$30NR

#### Henna Tattoo

#### Ages 7 & up Civic Center: Craft Room



Henna is a dye that can be used to create intricate designs on skin. In this class you will learn how to hold a Henna Cone and create drawings on paper and skin. The Henna used contains no chemicals

or artificial dyes and will last 1-3 weeks on skin. All supplies are included.

Day	Time	Dates	Fee
Tu	5:30-6:45 PM	10/5	\$18R/\$22.50NR

#### Picture Frame and Photo Holder

## **Civic Center: Craft Room**

Create a special picture frame/photo holder for a loved one or create it together! All art supplies are included. Participants should bring a smock.

Day	Time	Dates	Fee
Tu	5-7 PM	11/30	\$20R/\$25N

#### Adult and Pediatric First Aid/CPR/AED

Ages 18 & up **Civic Center: Board Room** 



#### The Adult and Pediatric First Aid/CPR/AED

course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat, and cold emergencies and how to respond to breathing and cardiac emergencies which includes CPR/AED, to help victims of any age, adults (about 12 years and older) and pediatric (infants and children up to 12 years of age).

This course meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high-speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion.

Upon successful completion of this course, you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

Day	Time	Dates	Fee
F	3-4:45 PM	11/12	\$120R/\$150NR



Ages 18 & up
Pick up in Sussex at 8 a.m.
Return to Sussex about 5:30 p.m.



Join us as we head to **Spring Green** to explore the one of the last surviving C-97 Stratofreighter planes. They were built in the 1940's as military cargo aircraft that were used in the Berlin Airlift and the Korean War. We'll enjoy lunch at the Wisconsin **Riverside Resort** where you will have a choice of Chicken Sandwich, Cheeseburger or Chicken Caesar Wrap. Then we'll head to the **House on the Rock** to see it transformed with all the splendor and joy of the Christmas season. *Please dress for the weather as parts of the tour include outside areas and walkways*.

Day	Time	Date	Fee	Enroll By
Th	8 AM-5:30 PM	11/18	\$74R/\$79NR	10/15

#### Wreath Factory/Plymouth, Wisconsin

Tuesday, December 7 Ages 18 & up Bus will pick up in Sussex at 8:45 a.m. Return to Sussex about 6:45 p.m.

We start our day at the **Sheboygan Museum** to view **Holiday Memories**, their department store animated holiday window displays. Lunch will be served at the **Black Pig** where you will have a choice of Pulled Pork Sandwich, Grilled Chicken Breast Sandwich or Quinoa, Kale & Arugula Salad. After lunch we head to the **Wreath Factory** where you will decorate your own 20" fresh wreath. We'll end the day with a drive through Sheboygan's Christmas lights display **Making Spirits Bright**.

Day	Time	Date	Fee	Enroll By
Tu	8:45 AM-6:45 PM	12/7	\$94R/\$99NR	11/5

# The Future of Sussex Area Seniors: Opportunities for Giving Back

The senior population is growing at a rapid rate nationwide. Sussex is not an exception to this, and the Parks and Recreation Department is excited to see all the new faces around the Community Center and the steady increases in our program participation. With this growth comes the need for space and resources.

As you plan for your annual giving, or even how you might leave a legacy behind, please keep the Sussex Parks and Recreation Department in mind.

If you have questions about donations or volunteer opportunities, contact Halie Dobbeck, Parks and Recreation Director, at (262) 246-5200 or <a href="mailto:hdbbeck@villagesussex.org">hdobbeck@villagesussex.org</a>.





#### **Warrens Cranberry Fest**

Saturday, September 25 Ages 18 & up Bus will pick up in Sussex at 7 a.m. Return to Sussex about 8:30 p.m.

At the world's largest **Cranberry Festival**, you will enjoy over 70 different food booths, 850 art and craft booths and over 100 farmers' market booths! A coach bus will be provided along with

coffee and donuts prior to departure. Lunch will be on your own at the festival. For more information, visit <u>cranfest.com</u>. This is an all-day walking trip.

Day	Time	Date	Fee	<b>Enroll By</b>
Sa	7 AM-8:30 PM	9/25	\$39R/\$44NR	9/10

#### **Door County Treasures**

Tuesday, October 12 Ages 18 & up Bus will pick up in Sussex at 6 a.m. Return to Sussex about 7:15 p.m.

Join us as we head to **Door County** to see the beautiful colors of autumn. Our first stop on the way up will be **Cherry De-Lite Country Ovens** where we will hear their history and have time to shop. Next we will have a guided tour of the **Eagle Bluff Lighthouse in Peninsula State Park**. We will also drive through the park. We will have a lunch of Swedish pancakes and Swedish meatballs at



Al Johnson's while we check out the goats on the roof. We'll finish our day at the **Door Peninsula Winery and Distillery**, where we'll have a tour and enjoy some samples.

Day	Time	Date	Fee	<b>Enroll By</b>
Tu	6 AM-7:15 PM	10/12	\$79R/\$84NR	9/10

#### **Songs and Stories of Neil Diamond**

Saturday, October 23 Ages 18 & up Pick up in Sussex at 12 p.m. Return to Sussex about 6 p.m.



Join us at the **Schauer Arts Center** where **Jack Wright and the Heartland Band** will share a powerful, authentic performance of the songs and stories of Neil Diamond. Prior to the show we will have lunch at the **Mineshaft**. Your meal choices are Bacon Cheeseburger, BLT Salad or Cashew Chicken Salad Wrap.

Day	Time	Date	Fee	Enroll By
Sa	12-6 PM	10/23	\$74R/\$79NR	9/16



At this time Senior dining is offering home-delivered meals. Monthly menus are available on the Waukesha County website at <a href="https://www.waukeshacounty.gov/seniordining">www.waukeshacounty.gov/seniordining</a>.

If you are interested in having meals delivered, call (262) 548-7848, or Sussex Nutrition Site Manager Josh Hakes, at (262) 246-6747.

For updates regarding future resumption of Sussex Congregate Dining, check the Sussex Village website, www.villagesussex.org

or the Waukesha County site above, as well as our social media for updates and details.

## **Toenail Trimmers**

By appointment only at the Sussex Civic Center

3RD TUESDAYS • 9 a.m.-3 p.m.

August 17 • September 21 • October 19 • November 16 • December 21

4TH TUESDAYS • 9 a.m.-3 p.m.

August 24 • September 28 • October 26 • November 23 • December 28

- Safe toenail trimming every 8-12 weeks
- Appropriate medical referrals
- Foot assessment, massage and moisturizing
- Evaluation of illnesses affecting feet
- Assessment for medications that influence foot care
- Self-help education

Clinic appointments are 30 minutes.

Fee: \$29 paid to Toe Nail Trimmers, LLC

Call Toenail Trimmers directly to schedule appointment at (262) 719-0336.

The registered nurses are trained to provide personal care and advice. The foot care nurse welcomes questions. Submit your questions to **toenailtrimmers@yahoo.com** or call Toe Nail Trimmers at (262) 719-0336.

## Happy Hookers

Thursdays, 9–11 a.m. Sussex Civic Center

A group of volunteers who come together to work on various knitting or crocheting projects for themselves or their community. *Please join in!* No preregistration necessary.



# Complimentary

#### **BLOOD PRESSURE CHECKS**

by the Sussex Fire Department at the Sussex Civic Center on select Mondays at 11 a.m.

AUGUST 30 • SEPTEMBER 27 • OCTOBER 25 NOVEMBER 29 • DECEMBER 27 • JANUARY 31 FEBRUARY 28 • MARCH 28 • APRIL 26

No pre-registration required



# **Book Club**

3rd Monday of each month 1 p.m. Sussex Civic Center Craft Room

#### September 20

The Last Lecture by Randy Pausch

#### October 18

The Invention of Wings by Sue Monk Kidd

#### November 15

The Elephant Company by Vicki Constantine Croke

#### **December 20**

The Deal of a Lifetime by Fredrik Backman

#### All books are on hold at the Pauline Haass Public Library

If you have questions about this program or would like to participate, contact Jean Horner at ihorner@villagesussex.org



Join us for Game Time from 1–4 p.m. every Thursday in the Civic Center Community Room. Players must scan membership card upon arrival.

**Sheepshead:** Experienced players can join in. Game Captain: Wavne (262) 246-4485.

**Mahjongg:** A tile game played in groups of four.

Game Captain: Linda (262) 372-4031.

Hand & Foot: A Canasta-like card game played in groups of

four or six. Game Captain: Alice (262) 251-9238.

**Bridge:** A classic game of strategy featuring two teams of two.

Game Captain: Bert (262) 820-1506.



# Holiday Swag

Ages 60 & up

Wednesday, December 1 10 a.m. THE GROVE AT VILLAGE PARK

Register with the Civic Center by November 26

The Village of Sussex, Senior Advisory Board and local businesses partner to offer this free and fun holiday event to promote holiday cheer. Snacks and beverages will be provided for in-person event. All materials are provided, including volunteers to lend a helping hand with the swag construction. Swags can be done in person or picked up pre-constructed to take home. Indicate your preference when registering.

> Sponsored in part by Sussex Senior Advisory Board



# Join us for A Charlie Brown Holiday Dinner Party

Monday, December 13 Doors Open at 4:30 p.m. Entertainment at 4:45 p.m. by Vivo Jazz Trio Dinner at 5 p.m. Door Prizes at 6:30 p.m.

(Must be present to win)

Fee: \$7 • Register by December 6

MENU: Shrimp Cocktail Appetizer, Beef Entree, Baked Potato, Seasonal Vegetable, Dinner Roll, Holiday Dessert **Surprise** 

Free round trip transportation by an accessible bus will be provided. Reservation for transportation, but must be made at time of registration.

Pick Up Schedule:

3:45 p.m. Bristol Court Apartment Complex 3:55 p.m. Sussex Mills Apartment Complex Returns begin at 6:30 p.m.

> Sponsored in part by **Sussex Senior Advisory Board**



Call (262) 914-9892 or visit TheCourtyardatSussex.com

#### Enjoy over \$10,000 in Founders Club Perks

A \$1,000 fully refundable Founders Club deposit secures your home and a comfortable future at The Courtyard at Sussex. Founders Club members enjoy:

- Complimentary \$2,500 one time service fee
- \$5,000 packing and moving credit
- Choice of premium home locations and styles
- "Sneak Peek" construction updates
- Pre-opening "meet the neighbors" gatherings
- Complimentary private Welcome Party for ten
- Free parking for life
- Two guest meals per month for one year

Sales Center Now Open at N64 W24678 Main Street, Suite #4, Sussex

Currently under construction at the corner of Hickory Drive and Silver Spring.







—Rocking America Since 1929-

# HALQUIST S T O N E

N51 W23563 LISBON ROAD | SUSSEX | 262.246.9000 FOLLOW US ON INSTAGRAM | HALQUISTSTONE.COM

Gregory A. Dittrich Funeral Director

#### Schmidt & Bartelt, Inc.

Funeral and Cremation Services
Family and Employee Owned
W250N6505 Hwy 164, Sussex WI 53089
262-246-4774 262-251-2730 Fax
www.schmidtandbartelt.com
gdittrich@sbfhcs.com

# Willow Springs Mfg. Home Community

An age 55+ Community on Town Line Road in Sussex

Affordable homes on peaceful wooded lots

New and pre-owned homes • Lease plans available

Call Vince for information and a tour of the community

(262) 246-4090

VILLAGE PARKS	S, F	AC	IL	TI	ES	&	AM	EN	IIT	IE.	S								
Parks, Facilities & Amenities	Acres	Ball Diamonds	Basketball	Ice Skating	Sledding	Nature Trails	Playfield/Open Space	Picnic Area	Playground	Restroom	Shelter	Tennis Courts	Volleyball	Skate Park	Water Fountain	Soccer	Disc Golf	Splash Pad	Pickleball
Armory Park (W239N5664 Maple Ave)	28	х				х	х	х	х	x	х		x	х	x	Χ			
Butler Wetlands (W240N7085 Maple Ave)	40																		
Coldwater Creek (N78W23152 Coldwater Dr.)	2						х	x	х						X				
Grogan Park (W245N6697 Grogan Dr.)	13		Х				х	x	х										
Madeline Park (N65W23284 Elm Dr.)	7						х		х	X	x								
Melinda Weaver Park (W239N6046 Maple Ave)	2		х									х							
Mapleway Park (W239N6776 Maple Ave)	9					х		x	х										
Old Brooke Square (N63W23713 Main St.)	ı					х									х				
Prides Crossing (N70W23483 Prides Rd)	7		х			х	х	x	х										
Ridgeview Park (N75W23416 Water Tower Ct.)	3							х	х										
Spring Green Park (N60W23548 Clover Dr.)	7					х	х	x	х										
Stonewood Estates (W245N7336 Stonefield Dr.)	2						х	х	х						х				
Village Park & The Grove (W244N6125 Weaver Drive)	75	х	х		х	х	х	х	х	х	х	х	х		х		х	х	х
Weyer Park/Civic Center (N64W23760 Main St.)	7			х			х	х	х	х					х				
Woodland Nature Preserve (N72W22924 Good Hope Rd.)	71																		

CO	MMUNITY CONT	ACTS	
ORGANIZATION	CONTACT	PHONE	WEBSITE/EMAIL
British Car Field Days	John Stockinger	(262) 521-1072	
Circlemasters Flying Club	Jason Nettesheim	(262) 246-0348	www.circlemasters.com
Hamilton Youth Basketball (Jr. Charger Basketball)	Andy Cerroni	(414) 217-9715	www.hamiltonbasketballclub.com
Land 'O Lakes Baseball	John Barnes		www.lakesbaseball.com
The Optimist Club of Sussex-Lisbon-Lannon-Butler (SLLB)	Diane Matuszak	262-894-3008	Dmatuszak1@wi.rr.com
Pewaukee Sussex United Soccer	Joe Ulm		www.pewaukeesussexunited.com
Sussex Adult Softball Association	Ken Nyhouse	262-313-7972	kndog19@gmail.com
Sussex Antique Power Association	Kevin Riemer	(262) 389-9548	www.sussexantiquepower.com
Sussex Area Service Club	Rick Vodicka	(262) 894-1010	www.sasclub.org
Sussex Area Tennis Association	Greg Smith/Sherri Pellechia		sussextennisrules@gmail.com
Sussex Jr. Chargers Baseball			www.jrchargersbaseball.com
Sussex Lady Chargers (Girls Fastpitch Softball)	Carrie Dercola	(262) 246-9877	www.chargersfastpitch.com
Sussex Lion's Club			<u>www.sussexlions.org</u>
Sussex Lisbon Area Historical Society	Fred Keller	(262) 246-3603	www.slahs.org
Sussex Lisbon Youth Baseball Association	Robin LeDuc		<u>www.slyba.com</u>
Sussex Outreach Services (SOS)		(262) 246-9860	info@sussexareasos.org
Sussex SaberCat Wrestling	Adam Altuve	(317) 694-5541	http://www.sussexsabercats.teampages.com/
Sussex Sled Bugs (Snowmobile Club)			www.sussexsledbugs.org
Sussex Table Tennis Club	Jim Reynolds		<u>jim.reynolds@ldss.com</u>
VFW — Post #6377	Chuck Eberhardt	(262) 820-9704	<u>www.myvfw.org/wi/post6377</u>
Village of Sussex Pickleball Advisory Group			sussexpickleballgroup@gmail.com
Volunteer Organization of Women in Sussex		(262) 617-7387	www.vows-sussex.org
Waukesha County Park System	Reservations/Park Info	(262) 548-7801	www.waukeshacountyparks.com



# Host Your Party or Family Event with the Village of Sussex

The Village offers multiple rentable spaces that can accommodate meetings, trainings, parties and events for up to 225 people.

Find full details and pricing and reserve your date at <u>villagesussex.org</u>.

If you have any questions regarding the rental of any park or facility, call the Parks & Recreation Department at (262) 246-5200 or email <a href="mailto:info@villagesussex.org">info@villagesussex.org</a>.

		CI	VIC CENTER FACIL	ITIES		
			tals require a 2-hour mi			
Room		Rental Fee (R)	Rental Fee (NR)	Deposit	Capacity	Equipment/Amenities
Community Roc	om	\$40/hour	\$50/hour	\$150	125	Electricity, Tables, Chairs, Restrooms, Refrigerator
1st Floor Meeting I	Room	\$20/day	\$20/day	\$150	12	Electricity, Restrooms, Tables, Chairs
Multipurpose Ro	om	\$80/hour	\$100/hour	\$150	225	Electricity, Restrooms, Tables, Chairs
2nd Floor Meeting	Room	FREE	FREE	NA	6	Electricity, Restrooms, Tables, Chairs
Studio		\$20/hour	\$25/hour	\$150	40	Electricity, Tables,Chairs, Restrooms (No food or beverage allowed)
Board Room		\$40/hour	\$50/hour	\$150	125	Electricity, Tables, Chairs, Restrooms, Refrigerator
Board Room with	Patio	\$75/hour	\$94/hour	\$150	125	Electricity, Tables, Chairs, Restrooms, Refrigerator
		**	** Kitchen available with fe	2****		
			PARK FACILITIE	S		
Facility/Shelter	Location	Rental Fee (R)	Rental Fee (NR)	Deposit	Capacity	Equipment/Amenities
The Grove: Oak Room	Sussex Village Park	\$55/hour	\$69/hour	\$150	150	Electricity, Restrooms, Tables, Chairs
The Grove: Maple Room	Sussex Village Park	\$45/hour	\$57/hour	\$150	85	Electricity, Restrooms, Tables, Chairs, Refrigerator
Lion's Building	Sussex Village Park	\$100/day	\$125/day	\$150	40	Electricity, Restrooms, Tables, Chairs, Refrigerator
Lion's Open Air	Sussex Village Park	\$155/day	\$184/day	\$150	240	Electricity, Port-A-John, Picnic Tables
North Open Air	Sussex Village Park	\$80/day	\$100/day	\$150	60	Electricity, Port-A-John, Picnic Tables
Early Days Open Air	Sussex Village Park	\$55/day	\$69/day	\$150	40	Electricity, Port-A-John, Picnic Tables
Madeline Park Train Depot	Madeline Park	\$75/day	\$94/day	\$150	25	Electricity, Restrooms, Tables & Chairs
Armory Park Open Air	Armory Park	\$40/day	\$50/day	\$150	24	Electricity, Picnic Tables, Restrooms
Armory Concession Stand w/Shelter	Armory Park	\$75/day	\$94/day	\$150	24	Electricity
		*****Indoor restroc	oms available upon request 1	or above shelte	rs****	





Page 28 • General Information • Fall 2021

# SUSSEX PARKS AND RECREATION DEPARTMENT REGISTRATION FORM

Online registration is available at www.villagesussex.org/programs

	First/Last Name				Birthdate		Gender	
01D	Address				_ City		Zip	
НОПЗЕН	Phone #1 ()	Phone #2 (_			Email Must be included to receive a receipt	receive a r	eceipt.	
HEAD OF	Emergency Contact: Your emergency contact should be someone with a different phone number than the head of household.	someone w	ith a different	phone number than the h	ead of household.			
	Name		Relationship	hip	Phone #1	Phone #2		
	Participant's First & Last Name	Gender	Birthdate (Required)	T-Shirt Size (If Applicable)	Activity Name	Day,	Day/Time/Start Date	Fee
				Youth: S M L Adult: S M L XL XXL				
				Youth: S M L Adult: S M L XL XXL				
NOI.				Youth: S M L Adult: S M L XL XXL				
тамяс				Youth: S M L Adult: S M L XL XXL				
NT INFO	J/We	would lik	e to volunteer	would like to volunteer, coach or assist with the following:	ollowing:		Total Fee	
Aqıɔ	Name of volunteer(s)				Program(s)			
ITAA9	ADULT SIGNATURE REQUIRED: The undersigned, participant parent/guardian or designee do hereby understand that I have registered the individuals herein to participate in the aforementioned activities and agene to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand that programs, have inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. The Village of Sussex does not provide accident insurance. I have read and agree to the registration and related policies, procedures and/or guidelines, and have agreed to comply with the Code of Conduct policy. By signing this form, I understand the importance of recognizing and responding to the signs, symptoms and behaviors of a concussion or head injury and have read the Parent Concussion and Head Injury information on the Village of Sussex website. I agree that my child must be removed from practice/play if a concussion is suspected and seek medical treatment. I understand that photos may be taken of myself or my child and used for promotional purposes; and I, on behalf of myself and my child, hereby agree the Village of Sussex shall not incur any liability for payment to any person or organization as a result of the stated use of the aforesaid photographs.	ent/guardian or village of S nare in good and are in good gning this for and Head Injurt bhotos at the advanced at the photos and ment to a second and the photos and the and the and and a the photos and the and and a the and and a the a	or designee do hussex and its emplysical condition accident insuran m. I understand y information on may be taken of orgry person or orgry	reby understand that I have raloyees, officers and agents from a papropriate for the stated a ce. I have read and agree to the importance of recognizing the Village of Sussex website.  The Village of Sussex website.	egistered the individuals herein to participate in the aforemer om and against any and all liability. I understand that program om and against any and all liability. I understand that program re registration and related policies, procedures and/or guidelli and responding to the signs, symptoms and behaviors of a I agree that my child must be removed from practice/play if a ry promotional purposes; and I, on behalf of myself and my ched use of the aforesaid photographs.	ntioned is, have ies, nes, a	N64W23760 Main Street Sussex. WI 53089	X in Street
	Adult Signature:				Date		262-246-5200 Office	Office
TNEMYA	By Mail: Cash or Check Only – Make checks payable to the Village of Sussex By Dropbox: Cash or Check Only In Person: Cash, Check, Credit/Debit - All credit/debit card payments will incur a convenience fee. Online: Credit/Debit	hecks p	ayable to iit/debit o	the Village of Sus ard payments wi	sex Il incur a convenience fee.		. 202-245-5222 FdX Email: info@villagesussex.org	esussex.org

# SUSSEX PARKS AND RECREATION DEPARTMENT REGISTRATION FORM

Online registration is available at www.villagesussex.org/programs

	First/Last Name				. Birthdate		Gender	
ום	Address				City	diz ———		
NZEHO	Phone #1 ()	Phone #2 (_			Email			
HOI					Must be included to receive a receipt.	receive a receip	pt.	
O QA	Emergency Contact: Your emergency contact should be someone w	someone v	ith a different	ith a different phone number than the head of household.	head of household.			
Н								
	Name		Relationship	hip	Phone #1	Phone #2		
	Participant's First & Last Name	Gender	Birthdate (Required)	T-Shirt Size (If Applicable)	Activity Name	Day/Tim	Day/Time/Start Date	Fee
				Youth: S M L Adult: S M L XL XXL				
				Youth: S M L Adult: S M L XL XXL				
NOI.				Youth: S M L Adult: S M L XL XXL				
TAMA				Youth: S M L Adult: S M L XL XXL				
NT INFO	I/we	il plnow	ce to volunteer	would like to volunteer. coach or assist with the following:	following:		Total Fee	
A <sub></sub>	Name of volunteer(s)				Program(s)			
ITAA9	ADULT SIGNATURE REQUIRED: The undersigned, participant parent/guardian or designee do hereby understand that I have registered the individuals herein to participate in the aforementioned activities and agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand that programs, have inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. The Village of Sussex does not provide accident insurance. I have read and agree to the registration and related policies, procedures and/or guidelines, and have agreed to compty with the Code of Conduct policy. By signing this form, I understand the importance of recognizing and responding to the signs, symptoms and behaviors of a concussion or head injury and have read the Parent Concussion and Head Injury information on the Village of Sussex website. I agree that my child must be removed from practice/play if a concussion is suspected and seek medical treatment. I understand that photos may be taken of myself or my child and used for promotional purposes; and I, on behalf of myself and my child, hereby agree the Village of Sussex shall not incur any liability for payment to any person or organization as a result of the stated use of the aforesaid photographs.	ent/guardian he Village of 5 in are in good is not provide igning this foi nd Head Injun d that photos	or designee do h ussex and its em physical conditit accident insurar m, I understand y information or may be taken of	reby understand that I have bloyees, officers and agents f n appropriate for the stated ce. I have read and agree to ithe importance of recognizing the Village of Sussex website myself or my child and used nization as a result of the sta	registered the individuals herein to participate in the aforemer from and against any and all liability. I understand that program activity and the participants assume full responsibility for injurishe registration and related policies, procedures and/or guideling and responding to the signs, symptoms and behaviors of a sun responding to the signs, symptoms and behaviors of a sun responding to the signs, symptoms and behaviors of a for promotional purposes; and I, on behalf of myself and my chited use of the aforesaid photographs.	titioned s, have es nes, ild,	Sinssex Main Street Sussex, WI 53089	Street 0.089
	Adult Signature:			<u> </u>	Date		262-246-5200 Office	Office Fav
TNAMYAq	By Mail: Cash or Check Only – Make checks payable to the Village of Sussex  By Dropbox: Cash or Check Only In Person: Cash, Check, Credit/Debit - All credit/debit card payments will incur a convenience fee. Online: Credit/Debit	checks p	ayable to dit/debit (	ayable to the Village of Sussex lit/debit card payments will in	ssex ill incur a convenience fee.		Email: info@villagesussex.org	esussex.org

#### RECREATION DEPARTMENT POLICIES

#### **Registration Policies**

- Registrations are processed on a first-come, first-served basis. Online registration will open one week
  prior to in-person registration. Registrations received
  prior to the designated registration dates will be kept
  in our safe until the designated registration date.
- A minimum and maximum number of participants are required for each program. These guidelines are necessary to ensure the best possible instruction for each participant. The department may increase or reduce program size if necessary.
- If minimum enrollment numbers are not met, the Recreation Department reserves the right to cancel a program. Program cancellations due to low registration will be made at least two (2) days before the start of the program. Participants will be notified and will receive a 100% refund of the program fee.
- Resident and Non-Resident fees are determined by whom you pay your residential property taxes to.
   Unfortunately, being in the Sussex Hamilton School District or having a "Sussex" mailing address does not necessarily mean you are considered a resident of the Village. Non-resident participants pay higher fees because a portion of the Village of Sussex property taxes is designated to pay for the buildings, parks, instructors and administration of recreation services.
- Individuals under age 18 must have a parent/guardian signature on registration in order to participate.
- Individuals can be placed on a waiting list if their requested program is full. If space becomes available, waiting list members will be notified.
- You cannot participate in a program you are not registered for.
- If there is availability and you would like to switch classes, you may do so. If the new class is more expensive, you must pay the remaining amount at the time of the transfer. If the new class is less expensive, you will receive a credit on your recreation account.

#### **Payments**

- Registrations are not processed if an incorrect payment accompanies the registration form. We will not reserve spots until full payment has been received.
   Inadvertent overpayments are placed on the payee's recreation account with the Village.
- If a payment is returned as "non-payable" for any reason, there will be a charge of \$30 for each returned submission. Accounts are suspended and individuals are removed from program rosters and must not attend any further classes until issuer pays in full the balance due plus all accrued service charges.

#### **Refund Policies**

- Customers seeking refunds have two options. One
  is to receive a refund back in the original form of
  payment. The second option is to place the refunded
  amount on your recreation account to be used for
  future recreation programming fees. Money placed on
  your recreation account will expire 3 years after the
  date it was issued. Program registration cancellations
  requested prior to the registration deadline will
  receive a refund minus a \$10 administrative fee. If the
  refund is placed on the recreation account as a credit,
  only a \$5 administrative fee will be assessed.
- Program registration refund requests can be made up to one week past the program start date. Should the request be approved, a refund will be made minus a \$10 administrative fee. If a refund request is made for which the Recreation Department has

incurred expenses on your behalf, a refund may not be granted. Expenses may be, but are not limited to: uniforms, equipment, supplies, etc.

- Convenience fees are non-refundable. All pricing listed is cash pricing.
- Program registration refund requests that are submitted after the first week will only be considered with a physician's note stating the patient is unable to participate in the activity that is required. The refund will be pro-rated based on the date of the physician's note.
- Once a program begins, registration remains open at the advertised registration fee as space allows and with instructor permission.
- Refunds will not be made for individual absences (i.e. illnesses, vacations, etc.) and cannot be made up nor may you participate in a class other than the one you are registered for.
- If the program or event is a Village of Sussex run program, has a cost of less than \$10 or less/person and has a wait list, customers are eligible to receive a credit to their recreation account with a \$0 administrative fee.
- For certain programs and events, cancellations requests received after the enrollment deadline will only receive a refund if a replacement is found.
- The Parks & Recreation Department will try to reschedule a make-up class if a program has been cancelled due to adverse weather conditions. There will be no refund if a class cannot be rescheduled or if a participant cannot make the rescheduled class.
- If minimum enrollment numbers are not met, the Recreation Department reserves the right to cancel a program. Program cancellations due to low registration will be made at least two (2) days before the start of the program. Participants will be notified by the Recreation Department and will receive a 100% refund of the program fee.

#### **Adverse Weather Condition Guidelines**

If adverse weather conditions exist and the Sussex Hamilton School District has closed its schools or cancelled their activities, the recreation programs and events are cancelled. When the District is no longer in session, the weather delay or cancellation announcements will be posted as listed below. Our senior programs and events follow the direction of the Waukesha County ADRC. If their Sussex dining site is closed, our senior programs and events are closed.

Should adverse weather conditions be imminent or exist, recreation staff will post notification of the cancellations/changes in the most effective manner. The responsibility lies also with individuals to inquire about potential closings or cancellations. Every effort is made to give reasonable, prudent and advanced notice to registered participants by any of the following: Facebook and Twitter; www.villagesussex.org; taglines on local TV stations; email to registered participants. We DO NOT call individual registered participants to announce cancellations or changes.

#### **Program Observation**

In an effort to better promote a positive learning environment for programs, only registered participants are permitted in the program area. Our instructors welcome the opportunity to discuss participant's progress with parents after class.

#### **Parent & Guardian Policy**

A parent or guardian must be present in the immediate class area for all programs involving children ages 5 and under. By participating and authorizing participation in Sussex Recreation activities, programs and special events, individuals agree to adhere to the policies set forth.

#### **Sharing Personal Information**

The personal information provided to the Sussex Parks & Recreation Department on the registration form is used solely for the purpose of participating in Sussex Recreation programs. The Sussex Parks & Recreation Department will not share information with outside parties.

#### **Photography**

Our Recreation Department periodically takes pictures of participants in our classes, during special events, and in the Village's parks. Please be aware that these photos are for recreational use and may be used in the Village's brochures, pamphlets, flyers, or Web site. You must give us written notice if you or your family members do not want to be photographed or published.

#### **Code of Conduct**

Recreation programs can be used as an opportunity for people, young and old, to learn how to engage in healthy activities while maintaining respect for themselves and other participants. Benefits are derived from the participant's attitude toward the program and the adherence to accepted standards of behavior.

#### **Building Restrictions**

- Smoking and alcohol are strictly prohibited on any Village-owned property.
- No guns or weapons are allowed in any Villageowned building.

#### **Lost and Found**

The Recreation Department is not responsible for any items lost or stolen during participation in any Village-sponsored activities. Any found items are taken to the Sussex Civic Center. Items determined to be of significant value will be given to the Village of Sussex Public Safety Building. Any unclaimed items are donated to a local charitable organization at the end of each season.

#### **Program Errors/Changes**

Occasionally there may be a misprint within this program guide. We will make every effort to correct the error as soon as possible. The Parks & Recreation Department reserves the right to cancel, postpone, combine, and change program locations or times for various reasons. Notification will be given in the most efficient manner possible.

#### Insurance/Liability

Activities are conducted in a safe manner. There is an adherent risk of injury when choosing to participate in recreational activities. The Village of Sussex does not provide hospital/medical insurance coverage for persons participating in our recreation programs and events. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

#### **Americans with Disabilities Act**

The Village of Sussex will make reasonable modifications to support inclusive recreation participation. We request ample notice regarding special assistance requests; this will allow us proper planning time to accommodate needs.

PRSRT STD US Postage Paid Permit No 1 Sussex, WI 53089

#### **Postal Patron**

#### **PROPERTY TAXES**

Property tax bills are mailed by Waukesha County by the third Monday in December, based on information on file at the Register of Deeds office on November 1. Tax bills can be paid in two ways: in full by January 31; or in three installment payments, which are due January 31, March 31 and May 31. If an installment payment is missed, the entire balance becomes due, with penalties. Pay your property tax bill online at <a href="mailto:villagesussex.org">villagesussex.org</a>.

#### **NIGHT DROP**

There is a Night Drop located inside the north entrance of the Civic Center. The Night Drop may be used for after-hours payment of parking tickets, property tax bills, water/sewer bills and other correspondence.

#### **MOVING?**

If you move or sell your home, you must notify the Village to cancel auto payment of your utility bill. The Village is not notified by closing companies. Call (262) 246-5224 with this information.

#### **VIEW & PAY YOUR UTILITY BILL ONLINE!**

- Opt out of receiving a paper bill and receive an email bill instead.
- Schedule recurring monthly payments to come out of your bank account at no charge to you.
- See up to two years of your online payment history.
- Maintain control over your banking information and make changes as needed.
- View your bill online, even if you don't pay online.

villagesussex.org/payonline

Send your

Advertising Message to every home & business in the Sussex area

The Sussex Parks & Recreation
Department offers
unique advertising opportunities

in our ACTIVITY GUIDE, delivered to thousands of homes and businesses each year.

Call the SUSSEX CIVIC CENTER at (262) 246-5200 or email us at <a href="mailto:info@villagesussex.org">info@villagesussex.org</a>.

View our

Advertising & Sponsorship Opportunities

> brochure online at <u>www.villagesussex.org</u> or at the Sussex Civic Center